

NW REGION CHNS & CHPS REPORT – JUNE 2013

Candace White

- Assisted Becky Lamb at Arch Ford Coop with CPR training for school staff.
- Taught Heartsaver CPR Training at Arch Ford on June 19th.
- Facilitated Side Effects Workshop with Aleecia Starkey at Arch Ford Coop.
- Attended State Leaders meeting for School Based Health Alliance in Little Rock
- Attended School Based Health Alliance Conference in Washington, D.C. as the state leader with 60 other people from Arkansas from June 23rd to June 26th and had the opportunity to meet with lawmakers on Capitol Hill to advocate for school based health centers.

Sarah Brisco

- Provided School Health Index Training at the OUR Co-op for area school districts (Searcy County)
- Attended Searcy County Wellness Committee meeting to discuss upcoming grant
- Attended Searcy County Wellness Committee to complete the RFA for the Growing Healthy Community Grant
- Attended workshop in Farmington on Hansen's disease. The workshop discussed the disease and ways to recognize and refer patients for help.
- Met with school staff at Sonora School to invite them to summer workshops provided at the OUR Co-op and offer assistance as needed.
- Updated Eating Disorders presentation for upcoming Back to School Workshops
- Attended the Speaker's Bureau Training in Little Rock

Nancy Marsh

- Provided Emerging Products training to 4 HHI staff in Russellville.
- Visited nurse at Elizabeth Richardson center – center for children with special needs. Gave information on Act 811 per request; also car air fresheners, coloring activity sheets on Act 811; Quitline cards; tobacco prevention posters; and other tobacco prevention pamphlets.
- Hosted Hansen's Disease Workshop- local speaker and also from Baton Rouge – Hansen's Clinic
- Developed CE Packet for Aleecia Starkey's Medical Implications that Impact Learning and CE Packet for Hansen's Disease for School Nurse Training
- Hosted SETT training for school nurses – 35 people – about 10 districts.
- Meeting (2 hour) with Elkins Administrative staff and school nurse – technical assistance to discuss SBHC grant applications and areas that were weak – planning for next year.

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- Presentation on Water Safety to Yvonne Richardson Community Center Summer Camp Program- 30 students. Printed water safety coloring sheets and activity sheets for students to take home. Distributed fact sheets on water safety for parents.

Cheria Lindsey

- World's Biggest Baby Shower" Boone County, Interactive Booth with Emphasis on Reduction of Infant Mortality with 7 factors used by Dr. Grimes, included tobacco cessation, Approx. 72 participation at booth with 332 total at fair.
- Presented to Ozark Family Practice in Harrison with cessation materials and fax referral forms and Quitline cards, approximately 5 present
- Special Education Teachers Training on Special Healthcare Needs and Personal Care with Act 811 and SOS materials given, approx. 14 present
- SETT (School Emergency Triage Training) included disaster preparedness and preventive measures to some degree with use of seatbelts and disaster with buses, or school related incidences. Approx. 12 present
- Presented to consumers (2) on the Healthcare Marketplace and how to "Get In" and answered questions and provided materials to look at.
- Facilitated for School Personnel, teachers and administration, the "Brain Friendly" workshop with the instructor: Aleecia Starkey
- Completed CNE packet for nurses, for the Emerging Products and the updates to the PowerPoint and working with Arlene Rose and Alicia Neppl. Completed CNE packet for "Back to School Workshop"; working with presenters and with my colleagues in the Northwest.

Miranda Curbow

- Side Effects Workshop: Medical diagnosis, medications, and their effects on education. Provided education on smoking cessation, quitline, act 811, smoking and home fire safety. Sample quitline fax referral forms provided and school personnel were given fax referral forms. 25 in attendance
- Juneteenth Summer Jam Event - Provided education to attendees on Act 811, Smoking and pregnancy, ingredients of a cigarette/smoke/smokeless tobacco. Also included home fire safety and smoking and quitline information. 400 in attendance
- SETT TRAINING - School Emergency Triage Training) NASN program focusing on the school nurse and their role in triage in emergency situations in the school setting. Provided education on smoking cessation, quitline, act 811, smoking and home fire safety. Sample quitline fax referral forms provided and school personnel were given fax referral forms. 25 in attendance.

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- June 11, 12, and 13th CPR - Provided education on smoking cessation, quitline, act 811, smoking and home fire safety. Sample quitline fax referral forms provided and school personnel were given fax referral forms. 28 in attendance
- Planning committee with NW CHNS for the CNE packet and other planning for Back to School Workshops for school nurses at each Coop.
- Collaborating with local Emergency response personnel to provide future pre-hospital basic life support classes for all school nurses

Christine McNelly

- Attended the Speakers Bureau Training in LR
- Participant/trainer (and also evaluated) bike rodeo in Conway. The main goal of a bike rodeo is to teach survival skills to child cyclists (ages 5-15). Safety education was provided at each station.
- Recorded minutes at the State CHNS/CHPS meeting.
- Arch Ford Workshop: "Nutrition and Physical Activity: Get Kids Healthy: What Works?" Facilitated and presented at workshop. I brought in PE teachers to present and share programs they've implemented in their schools successfully so that other teachers can learn from them. Then I showed a segment on childhood obesity from weight of the nation and had a group discussion.
- Health Education Summer Academy-Presented at the University of Central Arkansas for PE teachers. The presentation was titled "Obesity and Society. I presented in the morning and afternoon sessions.
- Met with the wellness coordinators at Hewlett-Packard. Explained the public health model for physical activity, nutrition and wellness promotion. After meeting and touring the facility, discussed draft ideas for improving wellness. These included overarching goals of 1) assessing HP's current wellness initiatives, 2) creating policy to create improvements. As a part of this, suggesting 1)HP coordinate with ADH worksite wellness coordinator, 2)possibly healthier food incentives for local businesses 3)assessing employee barriers to PA on the job 4)policies for vendor food 5)PA at worksites including incentive balance balls, elevated computers for standing and/or a desk treadmill. 5) Incorporating family wellness in initiatives. 6) Assessing current status (overweight/smoker) of employees 7) using health messaging as an incentive for career advancement (fewer sick days, etc.)